



# ALABAMA COUNCIL OF COMMUNITY MENTAL HEALTH BOARDS

36<sup>th</sup> Annual Conference

May 12 - 13, 2010

Birmingham - Jefferson Civic Center (East Meeting Rooms), Birmingham, Alabama

## Preliminary Agenda

\*Workshop Presentations, times, days, and titles are subject to change in the final program.

\*Note: Key for Workshop Tracks: (CL) Clinical Track (GR) Geriatric Track (CH) Children's Track

### Wednesday, May 12, 2010

Registration 7:30 a.m. ~ 5:00 p.m.  
Exhibitor Hall Open ~ Door Prize Drawings

General Session ~ 8:30 a.m. ~ 11:15 a.m.

8:30 a.m. ~ 9:30 a.m.

Welcome ~ Beverly Francis, LCSW, President  
Alabama Council of Community Mental Health Boards

“Art Appreciation: Answering the Call of Care Giving”  
Daniel Potts, M.D., Alabama Neurology & Sleep Medicine, P.C.

9:30 a.m. ~ 9:45 a.m. Break ~ Exhibit Hall Open

9:45 a.m. ~ 10:30 a.m.

Health Care Reform: Good or Bad Idea?  
Linda Rosenberg, MSW, President and CEO,  
National Council for Community Behavioral Healthcare

10:30 a.m. ~ 11:15 a.m.

Panel Response on Health Care Reform  
Panel TBA

11:30 a.m. ~ 12:30 p.m. ~ Awards & Recognition Luncheon

Location: Grand Ballroom– Sheraton Hotel

Speaker: Steve Puckett, MBA, Executive Director, WINGS Across Alabama

>Special Recognition of Alabama Legislative Representatives

>Special Recognitions & Awards Recognitions

>Door Prizes

12:30 p.m. ~ Exhibit Hall Open ~ Door Prize Drawings

## Workshop Session I

12:45 p.m. ~ 2:00 p.m.

- ◆ (CL) Changes in Alabama's Public MH System: How We Got Here. PART 1.  
John Houston, MSW, Commissioner, AL DMH
- ◆ (GR) Dangerous Behaviors in the Nursing Home Setting  
Richard Powers, M.D., Geriatric Psychiatry, University of Alabama
- ◆ (CH) Why Try? Overcoming Poverty, Violence, and Failure  
John Perotti, M.Ed., M.A., The WhyTry Organization
- ◆ (CH) Moving Beyond the Use of Seclusion and Restraint in Schools: How to Keep Kids & Staff Safe, Nancy Anderson, J.D., ADAP; Christy Johnson, B.S., ADAP
- ◆ (CL) Using Questioning in the Counseling Session, Maranda Brown, MS, AL DMH
- ◆ (CL) Project 25: The ADMH Tobacco Free Facility Initiative to Help Mentally Ill Patients of Alabama Live Longer, Joe Stringer, MA, Bryce Hospital; Patricia Lyons, LCSW, Mary Starke Harper Geriatric Psychiatry Center; Sabin Sebastian, M.D., Mary Starke Harper Geriatric Psychiatry Center; Gloria Roberts, MSW, Searcy Hospital

2:00 p.m. ~ 2:15 p.m. Break ~ Exhibit Hall Open ~ Door Prize Drawing

## Workshop Session II

2:15 p.m. ~ 3:30 p.m.

- ◆ (CL) Changes in Alabama's Public MH System: Where We Are. PART 2.  
Kathy E. Sawyer, ACSW, Independent Consultant and Former Commissioner AL DMH
- ◆ (CL) The Alabama Chapter of the American Foundation for Suicide Prevention: What This New State Chapter Can Do for Mental Health Professionals  
Dan Dahl, M.D., UAB; Lisa Dunn, BA, American Foundation for Suicide Prevention
- ◆ (CH) Transitions for Adolescents and Young Adults, Steven Lafreniere, M.S., AL DMH; Olivia Nettles, LPC, NCC, Altapointe Health Systems; Kim Hammack, M.S., AL DMH; Youth Consumers Students from Altapointe Health Systems
- ◆ (CH) Pushing the Impossible, Brent Cosby, MS, Laurel Oaks Behavioral Health
- ◆ (GR) Dementia Prevention in 2010, Richard Powers, M.D., Geriatric Psychiatry, University of Alabama
- ◆ (CL) PASS and Work Incentives for Self Sufficiency, Patricia Dowdell, BA, Social Security Administration; Dewayne Brown, U.S. Veteran, Social Security Administration
- ◆ (CL) Beyond Outcomes: Benchmarking in Behavioral Healthcare  
Paul M. Lefkovitz, Ph.D. President, Behavioral Pathway Systems

3:30 p.m. ~ 3:45 p.m. Break ~ Exhibit Hall Open ~ Door Prize Drawing

## Workshop Session III

3:45 p.m. ~ 5:00 p.m.

- ◆ (CL) Changes in Alabama's Public MH System: Where We Want to Be. PART 3.  
Steve Puckett, MBA, WINGS ACROSS AL; Jerome Dorsey, M.Div., Spirit of the Living God Ministries; Jon Brock, MBA, JBS MHA; Gloria Hampton, Family Ties; Cindy Smith, BA, NAMI; Timothy Stone, M.D., JBS MHA

- ◆ (CL) Psychiatric Symptoms in Persons with Intellectual Disabilities  
Susan Ford, Ph.D., AL DMH; Jeffrey Williams, M.S., AL DMH
- ◆ (CH) Pureeing the Blended Family, Brent Cosby, MS, Laurel Oaks Behavioral Health
- ◆ (CH) IEP HORRORS: The Top 15 Planning Mistakes ADAP Encounters  
Andrea J. Mixson, J.D., ADAP; Tuwana McGee, M.S., ADAP
- ◆ (GR) Caring for Yourself in a High Stress Environment  
Mary Lou Kraatz, M.Ed., Alzheimer's Association
- ◆ (CL) Special Incident Reporting for Certified Community Programs  
Angie Astin, RN, AL DMH
- ❖ 5:00 p.m. ~ 6:30 p.m. Reception & "Dancing with the Stars"

## Thursday, May 13, 2010

7:30 p.m. Registration Open ~ Exhibit Hall Open ~ Door Prize Drawing

### Workshop Session IV

8:00 a.m. ~ 9:15 a.m.

- ◆ (CL) Help for Persons with Disabilities: Special Needs Trusts, Lynn Campisi, J.D., Board of Trustees, Alabama Family Trust; Ronald P. Locke, J.D., Alabama Family Trust
- ◆ (GR) Fitness After Fifty  
Presenter: Walter Ballard, M.A.,
- ◆ (CL) Closing the Gap between the ASAM RRC 2r and the Implementation of the Screening, Assessment and Placement Tool  
Kathy Seifried, M.S., AL DMH; Barbara Zander, B.S., Infinity Counseling Services
- ◆ (CL) Family Therapy in Acute Treatment, Chad Beaver, M.Ed, LMFT, Mountain Lakes Behavioral Health Center
- ◆ (CH) Autism Spectrum Panel: Discussion of Characteristics and Interventions  
Patricia McKnight, MA, Brewer-Porch Children's Center; Ace Guenther, M.A., Brewer-Porch Children's Center
- ◆ (CL) I Keep These Records How Long?!?: Informed Consent and Records Retention  
Paul Hard, Ph.D., AUM

9:15 a.m. ~ 9:30 a.m. Break ~ Exhibit Hall Open ~ Door Prize Drawing

### Workshop Session V

9:30 a.m. ~ 10:45 a.m.

- ◆ (CL) Guardianship: Society's Effort to Make Decisions for Persons with Disabilities  
David J. Slawkowski, J.D., ADAP
- ◆ (CL) How Effective is Outpatient Commitment?  
Richard Craig, Ph.D., JBS MH Authority
- ◆ (GR) Understanding the Needs of Caregivers and One Day Adult Care from Birth, through Infancy, and Now Puberty, Vicki Kerr, B.A., Caring Days Adult Day Care
- ◆ (CH) Pediatric Approaches to Mental Health/Panel Discussion  
Yolanda Patterson, MD, FAAP; Craig Maddox, ECAMH/MR; Don Schofield, MS, ECAMH/MR

- ◆ (CL) Community Agencies Address Consumer Legal and Safety Issues: MHCNCA, Inc., Probate Court of Morgan County, and Decatur City Police Department Conduct Training for Police Officers, Gerald K. Wilhoite, MA, LPC, Mental Health Center of North Central Alabama; Gregory L. Cain, B.S., Probate Judge; Cheryl Vance, M.S., CMHO; Denise Stanley, B.S., Lt., Decatur Police Department

- ◆ (CH) Autism and Applied Behavior Analysis: Beyond Discrete Trial Teaching  
Caroline R. Gomez, Ph.D., AL DMH

10:45 a.m. ~ 11:00 a.m. Break ~ Exhibit Hall Open ~ Door Prize Drawing

## Workshop Session VI

11:00 a.m. ~ 12:15 p.m.

- ◆ (CH) Atypical Antipsychotic Use in Children Under 5 Years Old: Alabama Medicaid Data, Robert Moon, M.D., Office of Health Policy, AL Medicaid Agency
- ◆ (CL) The Labyrinth as a Tool in Therapy  
Marilyn Lands, M.S., Mental Health Center of Madison County
- ◆ (GR) Why There is a need for Mental Health Services in the Nursing Home  
Ginny Bass, LBSW, Golden Living
- ◆ (CL) The Substance Abuse Recovery Message, Beverly Johnson, MPA, AL DMH; Bill Layfield, Alabama Voices for Recovery; Jim Counts, Birmingham Fellowship House; Mike Adams, Birmingham Fellowship House
- ◆ (CL) DMH Preservation Update, Steve Davis, B.S., Hospital Historian, AL DMH
- ◆ (CL) Nurse Delegation Program: What's News? Vanessa Prater, RN, AL DMH

### 2010 Exhibitors and Sponsors (to date)

- |   |  |
|---|--|
| ➤ Alabama Army National Guard           | ➤ Laurel Oaks Behavioral Health Center                             |
| ➤ Alabama Clinical Schools              | ➤ Lavender & Wyatt Systems, Inc.                                   |
| ➤ Alabama Department of Mental Health   | ➤ Magnolia Creek Treatment Center for Eating Disorders             |
| ➤ Alabama Head Injury Foundation        | ➤ Merck & Company  |
| ➤ Alabama Parenting Assistance Line     | ➤ MindLinc -Duke University  |
| ➤ ALLKids (APHD)                        | ➤ MHM Services, Inc.   |
| ➤ AMPharm Health Services               | ➤ Mountain View Hospital   |
| ➤ Anasazi Software, Inc.                | ➤ NAMI Alabama   |
| ➤ The ARC of Alabama, Inc.              | ➤ New Hope Treatment Centers                                       |
| ➤ Beacon Children's Hospital            | ➤ Netsmart Technologies, Inc.                                      |
| ➤ Bradford Health Services              | ➤ NSA  |
| ➤ Bristol-Myers Squibb                  | ➤ Norix Group, Inc.  |
| ➤ Capitol Care South                    | ➤ Northeast Pharmaceuticals, Inc.                                  |
| ➤ Care Management Technologies          | ➤ Office of Deaf Services, AL DMH                                  |
| ➤ ClaimTrak Systems, Inc.               | ➤ Pinpoint, Inc.   |
| ➤ Dementia Education & Training Program | ➤ Qualifacts Systems, Inc.   |
| ➤ Eli Lilly Company                     | ➤ Sequel TSI of AL, LLC  |
| ➤ Employment Screening Services         | ➤ Social Security Administration                                   |
| ➤ Essential Learning, LLC               | ➤ Southern Pharmaceutical Services                                 |
| ➤ Fowlkes McPherson Insurance, Inc.     | ➤ Substance Abuse & Mental Health Services Administration (SAMHSA) |
| ➤ Glenwood, Inc.                        | ➤ UNI /CARE Systems, Inc.  |
| ➤ Hillcrest Behavioral Hospital         | ➤ WINGS Across Alabama   |
| ➤ Information Transport Solutions, Inc. |  |
| ➤ Janssen Pharmaceutica                 |  |

## Who Should Attend?

Mental Health Professionals, Board Members, Counselors, Juvenile Justice Professionals, Nurses, Social Workers, Educators, Substance Abuse Professionals, Nursing Home Personnel, Consumers, Family Members, Psychiatrists, and Psychologists would benefit from this program.

For questions regarding the Conference  
~ Contact Diane Dill @ (205) 664-2114.

## Continuing Education

This activity is co-sponsored by the Alabama Council of Community Mental Health Boards and The Institute for Continuing education. This Conference offers up to 10.00 contact hours for most disciplines, (6.25 hrs. on May 12; and 3.75 hrs. on May 13). Continuing education credit is offered for the mental health disciplines listed below. Credit is awarded on a session-by-session basis, with full attendance required at the sessions you attend. Application packets for continuing education credit will be available at the Continuing Education Desk, located adjacent to the Conference registration area. If you have questions regarding continuing education, the program, presenters, or for a listing of learning objectives by session, please call:

800-557-1950; FAX: 866-990-1960 or  
Diane Dill at 205-664-2114;  
FAX: 205-278-5380

**Psychology:** The Institute for Continuing Education is an organization approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content. Note: Not all sessions may offer continuing education for psychologists.

**Counseling:** The Alabama Council of Community Mental Health Boards is an NBCC approved continuing education provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Alabama Council of Community Mental Health Boards is solely responsible for all aspects of this program. NBCC Provider No. 5846.

**Social Work:** The Alabama Council of Community Mental Health Boards is approved as provider for social work continuing education by the Alabama Board of Social Work Examiners. Provider No. 008.

**Marriage/Family Therapy:** The Alabama Council of Community Mental Health Boards is a recognized provider of continuing education activities by the Alabama Board of Marriage/Family Therapy.

**Alcohol/Drug Abuse:** The Alabama Council of Community Mental Health Boards is recognized by the Alabama Alcohol and Drug Abuse Association to provide continuing education for alcohol and substance abuse counselors. The Institute for Continuing Education is an approved provider of drug-alcohol continuing education by the [National Association of Alcoholism and Drug Abuse Counselors](#). NAADAC Provider No. 00243.

**Nursing:** The Institute for Continuing Education is accredited as an approved provider of continuing education in nursing by the Alabama Board of Nursing, Provider No. 1124.

**Nursing Home Administrators:** The Alabama Council of Community Mental Health Boards is an approved continuing education provider of the Alabama Board of Examiners of Nursing Home Administrators. The Alabama Council of Community Mental Health Boards is recognized by the Alabama Board of Examiners of Nursing Home Administrators to provide continuing education for nursing home administrators.

**Other Disciplines:** Upon request and completion of the Conference, participants will be given a certificate of attendance, which they may submit, along with the course outline, to their respective professional organization for credit.

**Learning Objectives:** A listing of learning objectives by session will be available at the Conference. If you wish to review a listing prior to the Conference, please contact The Institute for Continuing Education at: 800-557-1950; FAX: 800-990-1960.

**Skills Level:** Beginner/Intermediate/Advanced. **Non-Credit Events:** Continuing education credit is not offered for luncheon, reception, or dinner events. If you have questions regarding activities for which continuing education credit is offered, please call Diane Dill at: 205-664-2114; or The Institute for Continuing Education at: 800-557-1950.

**\*Please refer to the Council web-site for directions and updated Conference Information. [www.alcouncil.com](http://www.alcouncil.com)**

